

Have her fall *completely* in love with **THE WAY YOU MAKE LOVE** to her.  
She'll NEVER say, "No," again.

Excerpt from

# Neale Sournas's CUNT Singer

**Cunnilingus: How to Give Head (Oral Sex and Eating Pussy), for Giving Women Orgasms of Cunticious Joy!**

By **Neale Sournas**  
© Neale Sournas 2009



Clear Focus  
Cleveland OH USA

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Neale Sournas's CUNT *Singer*  
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Also by Neale Sournas

"This is Dedicated..."

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ALL ARE WELCOME HERE.

And what does author Neale Sournas know about it?

How many of us actually learned sex from a sex professional?

Back to "talented, dedicated amateurs" versus "paid professionals."

Why music?

Because, **THE BEST WAY TO HAVE JOY is to GIVE JOY.**

Because I LOVE sex and love and I want to share this with you.

Because, **DID YOU KNOW:**

The complete lack of knowing what to do.

My friends, "Ignorance is [not] Bliss."

81% of all women **REGULARLY ACHIEVE ORGASMS FROM CUNNILINGUS**

(*kun'-nih-'lin-'gus*)...

PS: Don't be tense.

PPS: Challenge each other with a Game of *Lie and Tell*:

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Singing is easy.

Why **THAT** Word, "Cunt"?

PS: cunt

And, Finally, Why the Fiction Excerpts?

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Remember: Knowledge is powerful

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**ANOTHER BONUS: Female Ejaculation.**

**WARNING: Salt.**

**Warning: Doctor's office.**

**Focused Awareness.**

**"Go Forth, and Influence Women."**

[excerpt edit]

Without this fresh moisture, the skin of this area will become dry and unable to protect itself, and will sustain rips, bacterial infection damage, and need medical care.

Beginning with puberty, her vagina begins washing itself by producing a clear to whitish colored liquid flow, having a watery to sticky consistency.

This protective acidic flow, first, keeps bad bacteria in check, in order to help prevent infection.

And secondly, it protects her body from damage by sperm and semen infections; whether he has an actual infection in his fluids, or whether her body perceives his sperm as an invading infection, and thus keeps her from becoming pregnant.

### **Wet.**

A woman becoming sexually aroused should experience increased vaginal moisture, sometimes, without ever actually knowing she is aroused, only feeling "wet."

Her vulval lips should also swell, filling with blood and becoming warmer and plumper, which many women can feel between their legs; but, not all women will notice this, and not all women have sufficient blood flow to properly inflate and prepare her for sex.

It is the same basic principle that keeps men's penises from properly inflating with enough blood flow. The surge and flow of blood to the area can often be improved in both sexes with BEFORE SEX exercises, sports activities, or prolonged, warm up foreplay.

### **Scent.**

Also, even more so than in human men, women produce their own scent, a chemical signature wholly distinctive to her, as an individual, which also signals her current reproductive and sexual state, which scientists (*those infamous Scott's ones*) say men can, subliminally, smell her differences, between her and other women, and between one state of her and another state of her, even when not fully cognizant of it.

So, that means that you should REMEMBER that, when male hormones scream a hot need to really lay this particular woman—NOW—is probably truly

saying that he senses, without thinking it out clearly, that she's fertile, NOW, and it's her time for getting pregnant.<sup>1</sup>

So, stop and think or just glove it, regardless. Or raise it through school.

While most of our noses may have lost the ability to detect these scents at great distances, I have read of men who become sexually aroused when exposed to them. And most men and women LOVE the scent of their significant other's clothing.

In actuality, an overwashed, over douched, over hygiene sprayed vulva and vagina are UNHEALTHY; because a moist vulva with its own natural, unmasked aroma is a healthy one, for life health and for sex health.

#### **Hold the Fish: Vulvas Can Smell or Taste Unpleasant, Because:**

- When normal vaginal moisture remains in the inner folds of her vulva, or
- When she's ingested excessive strong foods, or
- When she has poor air circulation around her genitals.

Clothing that's tight or made of dense materials that don't breathe are major causes of excess moisture not being able to evaporate properly.

And since bacteria adore warm, moist places, they can reproduce more rapidly in such an environment; resulting in a strong taste and odor (*that infamous "fishy smell and taste," or worse*).

It's the *bacteria* from the air or surfaces that have touched her, like fingertips, clothing, etcetera, that're actually causing the unpleasant odor, not her vaginal moisture.

Naturally clean, naturally healthy women DO NOT SMELL LIKE BAD FISH.

If a woman does feel and is completely convinced that her genitals smell or taste bad, she should first ask her sex partner, who often enjoys and is practically hypnotized by her scent that she herself finds unpleasant.

However, if her genitals do have odor problems, it will most likely indicate the presence of a serious infection.

Some partner's, who're scent sensitive, can know even before she does that she is developing a yeast infection. She should seek a doctor's advice.

Again, the often joked about "fishy" or "yeasty" smell IS NOT NORMAL and isn't an indication of a healthy vulva or vagina, but an indication that its owner should seek medical attention.

A woman's natural, protective genital flora will change with her current menstrual state, her current level of sexual arousal, and also depend on her diet.

And some lovers can even detect these different changes by taste and/or by smell.

#### **"Taste Yourself."**

Don't be such a wuss; not you and not her.

Know how you taste, whether male or female, because I find the best way for a man or woman of any age to know what they smell and taste like, for certain, and to become familiar with their normal healthy genital scents and tastes, is to smell and taste their own fluids; especially off their fingers after finger masturbation.

A woman, especially, will notice, for her own information and confident knowledge, that her pleasant, human scent(s) and flavor(s) slightly change throughout her hormonal month, especially depending on what she eats or drinks, or what worries and illnesses she has may have influencing change, too.

And, this isn't one-sided.

Men, too, can change flavor and scents, most often with the food, drink, or smokes they put into their bodies. Excess red meats, hard drink, and smokes can sour and bitter a man's semen smell and flavor. So, white meats, fruit juices, and NO SMOKES, fellas, and you'll be more delectable, too.

#### **Cunnilingus: Definition.**

Okay. Hadn't really occurred to me, until now; but, for those who didn't know....

**Cunnilingus** (kun'-nih-lin'-gus) is the action of using one's mouth, normally lips and tongue, but *not teeth*, to stimulate to excitement and arouse a female's genitals for her sexual pleasure; in particular, the clitoris (klit'-ore-iss) is noted as the most sexually sensitive part of her female genitalia.

<sup>1</sup> There has been recent (21<sup>st</sup> century) Scottish medical research which confirms this, in a basic way.

Author and sex surveyist Shere Hite noted, from her researches, that most women can achieve orgasm easily from clitoral stimulation, especially by cunnilingus.<sup>2</sup>

[excerpt edit]

This *normally* tiny, gumdrop-like or button-like organ, at least the tiny portion that's visible outside the body, because *there's much more of it within her body*, much like with the male's penis, and is positioned frontmost on the female human, hidden behind and beneath the bottommost portion of her Mound of Venus, upon which lies her triangular pubic hair area.

The exterior (outside) labia majora (major lips) of the vulva, which are covered with pubic hair, can be parted to expose the clitoris, which lies specifically just inside the front point, where the hairless left and right inner labia minora (*minor lips*) come together, normally forming a small little hill, or tucked area (*clitoral hood*, *much like the hood that covers a penis, before circumcision*).

This clitoral hood functions the same, it covers and protects her sensitive clitoral head.

Her clitoris/clit lies immediately before her tiny urethra opening, from which she urinates (*pees*) and which lies between the gumdrop like clit and the larger vaginal entrance.

The clitoris has a similar function as the male penis, but her clit doesn't contain interior portions of the urethra, as the penis does, nor function directly for procreation, like semen dispensing in the male.

#### **The clitoris' ONLY job is to stimulate sexual pleasure within her.**

So, with besides when taking the matter in hand, with masturbation techniques, when her clitoris is usually brought into play, cunnilingus results in MORE SUCCESSFUL FEMALE ORGASMS than with any other sexual technique.

And pleasure is good; because we all know that pleasure makes us want to have that pleasure and more pleasure again; TO HAVE SEX AGAIN.

That's good, right? Great even.

So, RESPECT HER CLIT, it makes her just as happy as a guy who loves the pleasure his cockhead gives him.

<sup>2</sup> Hite, Shere (2004 edition). *The Hite Report: A Nationwide Study of Female Sexuality*. New York, NY: Seven Stories Press, pp. 11. ISBN 1-58322-569-2.

#### **Basic Skills and Stats.**

Just like in singing, and all pleasures from vocalizing, both the basic and finesse skills used in cunnilingus and individual female responses to those skills are all over the place; but, can be improved with study, relaxation, and practice.

Web cunnilingus sex author Crid Lee gives this stat:

- **88% of married women** say cunnilingus is their preferred form of sexual activity.

The clitoris is the most sexually sensitive part of the female body for almost all women. (*There can be variations because of sickness, injury, or personal sensitivities.*)

- There're **8,000 nerve endings in a woman's tiny clitoris!** Equal to or more—*depending on who's counting*—than on the comparatively huge head of a penis glans (4,000). Making it the most highly sensitive organ in female or male.

It surpasses other highly sensitive human body parts: the lips, tongue (*good for you*), hands, and inner thighs (*especially on a woman*).

#### **"Her clitoris can be too sensitive to touch...."**

Okay, so with this is mind, the clitoris can, at times, be *too* sensitive to stimulate by direct touch; especially, in the early stages of your female's arousal.

So, my immediate thoughts include:

- Blowing your warm breath across her, or
- Gently touching her with something VERY soft—soft feather or silk, perhaps. Yum.
- Or, just be patient and help her warm up and "get her blood flowing," so to speak.

In case you didn't know, many women, in masturbating throughout their lives, often only apply pressure on the OUTER side of her Venus Mound, without direct touch on her clitoral area.

Or some use flat fingered friction and gentle pressure of their fingers.

So, when you start poking around with blunt; hard cock; hard nailed, rough fingertips; and hard tongues, she just may find it unpleasant.



**"Kiss Her. Long. And Deep."**

Lips and tongues are sensual and have TONS of nerve endings; so, your tongue in her mouth is a forewarning of possible other places you can put your long, fat tongue.

Or your other *long* body parts.

Take your time, though, just sticking your tongue immediately into her maw will FEEL LIKE A RAPING INTRUSION, if she's not warmed up to you yet.

So, take the time to kiss her long and unhurried and deep, and you can often reap the reward of getting quite far with just kissing alone.

But, don't be too sloppy, or uptight and hurried. She'll sense it, she'll feel put upon with her entire body and will shut you down.

**"Be Kind, Unwind."**

Be gentle and loving with your flesh upon hers, and in hers.

Be kind to her body and yours.

Be patient with the quality time needed to make true beauty with your bodies together.

Plus, have fun, make her laugh—a belly laugh.

And be open to your nervousness and her fears, open to her discomforts and your own urgencies, and to her embarrassment and your own.

For your *own* feelings.

And for her tender or overpowering feelings, because you will most likely touch emotions and feelings in her that, perhaps, NO ONE has ever touched, or touched *quite right* or quite just *the wonderful way you do*.

Be kind; let her unwind, before you wind her up to....

Just so you know, there are women, who truly DON'T believe that ANY man could want to or enjoy doing cummingus, they ACTUALLY believe that ONLY horrid, nasty, selfish, sluts—*insert dated stereotypical term here for "bad, evil women"*—demand such a filthy thing of their men.

[excerpt edit]

**Game: "Sensitive Sensuality, for Two." With Her Stuff. (still nonfetish)**

Ask her to play our game with you, to pick out items she loves for you, then to bring you in, with your eyes closed, or blindfolded—you're *sneaky and might peek a look through your lashes*.

She'll hand you items to experience and, as you do, remember to SAY what you feel. Aloud, like this, for her sake:

"Ah. This is that slinky dress; you always drive me crazy with. You look so great, but other men look at you so much.

But don't lie, but make it good.

Or fun.

Or both.

Then....

Open your eyes and tell her the important stuff, and let your emotions show in your eyes and face and voice.

"Hm, it still smells like you, wonderful, and like that great cologne I got you."

Or, less frilly.

"Hm, still smells like you, and that cologne I got you."

The point here is to short circuit any mental editing you or she might be doing, because as you really smell her things and really take in and enjoy her scent, she'll most likely hear it in the subtle tones of your voice.

And, for her to understand through a less flesh on flesh manner that YOU LOVE and ADORE HER SCENT(S). No lie.

Plus, when you finally do look at her, in this game, if you truly feel something wonderful for her, she'll see that and *feel* it to, from your eyes' expression.

Y'know the "windows of your soul." Your eyes and voice matched in adoration for her.

It's a win-win solution, my friend.

But, if you hate that perfume, or are less than wowed with it, tell her so. Because she will have seen your reaction on your face when you did sniff it—your eyes were closed, hers weren't. They were fixed on you, the entire time, in anticipation.

So, don't lie.

[excerpt edit]

### Two Hours.

Really, just draw her a hot bath and then tell her, gently, that you will be the gentle boss of her, and that she has no cares or worries, as you "take charge" of her "relaxation and pleasure for the next two hours."

"Two hours?" she'll ask, much as you're asking now.

"Yes, at least," I say, and you will when she asks. Smile (*as I'm doing, now*) and help her get naked and wet, in the hot bath, that is.

Why, because this, on the practical level, takes care of several things, as promised:

- **Her cleanliness issues.**

If her mom or nun at her old school had stressed all her formative years that women's "business" is all foul and dirty, then finding out now that a bath is *never* going to fix that, can tell you a lot about her.

- **The hot bath will invigorate her lovely flesh.**

Sex, good sex cannot happen without blood-flushed and filled genitals; this goes for a man's hard on and also for a woman's functional enjoyment, as well. The heat and any touching beneath the water line will send blood to her genitals. And this, my friend, is good.

- **She'll relax.**

Ask her or surprise her, by slipping into the bath once she's relaxed.

Make her laugh.

Ask her if she's seen those sexy film bath scenes with Angelina Jolie and Antonio Banderas, in "Original Sin" (*2001, go Unrated folks*) or....

[excerpt edit]

=====

"I know, I could've just *taken* her, I..."

"... could've just *taken* her, I achingly wanted to; or one of us could take me manually, to take the edge off; I achingly wanted that too, but the self-inflicted, excruciating wait for her seemed right, particularly after what she'd just said about him. I'd seen his selfish impatience first hand and I didn't want to be like that, *like him*, with her.

"I wanted to wait for her, so to speak.

"I felt her relax against me; then started over, a little quicker this time, to get back to where I'd stopped. I put my lips and tongue to her natural fruit scented and flavored body and strove to delight her however I could, which plainly was a great deal.

"She'd been a bit tense before; evidently waiting for me to strip and hurriedly dive in like good ole Hopkins would've; without any joy in it for her. But, this was *my game*, and when I play it, the way I play it, nobody's better at it.

"*All modesty aside, of course.*

"Besides, a man's ... or a woman's rewards are greater, with a little patience and tender care. Especially, with the special ones...."

— *Bemi* from Neale Sournma's "Hobble" (*a Year's Best Erotica Novel Award Winner*); available now, ebook and/or print

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[excerpt edit]

### The ONLY Sex for Some.

Oral sex is the ONLY sex for many couples, and as the *only* sexual, genital activity they do together, *finding a truly comfortable position is enormously important*; so is thoroughly enjoying it together.

[excerpt edit]

### Paraplegic Man's Advice.

[excerpt edit]

"I can also insert one or two fingers into her vagina and tickle and pet her G spot, as I nurse on her clitty. And my other hand plays with her nipples and breasts.

"The perfect setup for us.

"Keep your same rhythm going with your mouth and both hands. It takes a little practice, like rubbing my head and patting my stomach, plus whistling too, but the effects on my her(s) are wild!

"They come quick; with powerful, multiple orgasms.

"I usually stop after about a half (1/2) hour to one (1) hour because their clit(s) become too sensitive from the use.

"Or, she has to catch her breath. LOL.

"I sometimes circle my finger inside, around her cervix, so deep inside, so not to overstimulate her *OMG-spot*."

Paraplegic Woman's Advice: "Braingasms."

"Did you know that people who have no feeling at all below the waist — people with spinal cord injuries, for example — can still have orgasms?"

"It's true.

"My friend [edit], a paraplegic sex therapist [edit], has *physical sensations only* in her hands and arms, breasts (*one has less feeling than the other*), neck, and head.

"Yet, when her clitoris is stimulated, she can have an orgasm.

[excerpt edit]

"She reports that there is a *distinct* difference between *nipple orgasms* and the ones inside her head, but that both are wonderful.

"She has even discovered that by changing positions during sex she can have *multiple orgasms*.

"[Her] experience illuminates the *presence of numerous previously undiscovered neural pathways by which orgasmic energy can travel through the body to the brain*.

"The more I study orgasm, the more convinced I am that *orgasm 'happens' primarily in the brain* and that *the intensely pleasurable feeling in our genitals — the kind that usually accompanies most of our orgasms — is only one of the many pleasures possible with orgasm.*"<sup>5</sup>

— Urban Tantra

## Lesbian Advice

**Lesbian Forum Advice: "Put Your Nose to Her."**

"Your nose!

"While playing and teasing her labia and vagina, with my tongue and lips; my nose tip is close to her clit.

"I gently rest it on her clitoris or move my entire head in a circular gesture, nose tip against her, while kissing and sucking her inner labia. My nose....

[excerpt edit]

Experiment little by little, and if she gives you a direct *verbal*—like "No" or "Stop" or "What the hell?" or even if she gives you *nonverbal* directives, that sound like she's not into it...

*Stop at once.*

If there is a division, a question in your mind of what *her specific meaning* is, because it seems it can lean to either side...

*Stop at once.*

Don't let yourself feel or ever say to her anything like: "You're clueless, and don't even know what you like."

Which may be somewhat true, but still, *she knows* what feels better to her body and her emotions and is comfortable to her mind, much, much better than you ever will.

Just like you know better how it feels to get kicked in YOUR genitals.

No matter how much she's "suppressing" or "ignoring" or whatever you *believe* is going on in her, let it go. It's hers to deal with. You're here to help her know herself and enjoy herself better, not boss her around or think and feel for her.

So, be easygoing.

If her behavior bothers you so much, that you can't leave it be, maybe you should consider moving on, or give her just a little more time, to understand herself and communicate what she needs to you; as soon as she figures it out.

*[Editor's Note: And it may just be that the woman you love and want to give the ecstatic gift of cummingus to may NEVER be truly comfortable with it.*

*So, again, don't chide and belittle or whine her to death about her feelings or inexperience or whatever, since lots of lovers, who're willing to muffle munch for hours, are terrified and go all anally tight themselves, when having someone diving to intimately lick around or stuff something deep into THEIR orifices.]*

[excerpt edit]

"There is growing evidence that sexual knowledge, sexual self-esteem, and time since injury are related to the ability to experience sexual pleasure and orgasm. It seems that knowledge is power, power fuels self-esteem, and self-esteem opens the door to sexual pleasure.

"Orgasmic sex requires turning in to our sensations— **IN** the **MOMENT** —and forgetting about [*imperfections, fluids, body scents, etc.*] and making embarrassing sounds.

<sup>5</sup> Carrellas, Barbara. Urban Tantra. Softcover. Berkeley: Celestial Arts, 2007. Page 85.

"It means not worrying about performing up to some *imagined standard*. And it means forgetting what we learned in the past about what is and isn't pleasurable [in **THIS MOMENT**]."

—*The Ultimate Guide to Sex and Disability*<sup>6</sup>

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### More Forum Advice

**Women's Advice:** "Any oral is great oral." NO. It's Not.

"Keep in mind that, unlike with most men, just being willing to "go down" on her and begin licking all about doesn't mean she'll come, no matter how you do it.

"Women's orgasms while with another person are a highly emotional AND extremely intimate, physical thing.

"So, if you can't *get both her busy mind and unfocused senses fully focused for eager and willing pleasure*, she won't get off."

[excerpt edit]

No, you don't have to give her a written or verbal long list, by rote memory, but do use your words, like:

"Do you like that?"

"How's this?"

"I have a little surprise: tell me if you like it."

Hey, if you do something wrong, and have to stop it, you can always kiss her on her body at the spot or on her lovely lips, after each one, because one always get a kiss after a boo-boo, right?

=====

### Focused Awareness.

... Two techniques you used in ... *focused awareness* (also called *attention*) and *imagination*. The use of the two of them led to *sensation*. [And] it can also help you increase sensation. Now try this little trick on your clit. Or your cock.

(Or for some of you, both!)

<sup>6</sup> Kaufman MD, Miriam, Cory Silverberg M.Ed, and Fran Odette MSW. The Ultimate Guide to Sex and Disability. San Francisco: Cleis, 2003. (Kaufman, Silverberg, and Odette p. 57)

The technique of using your mind to focus awareness [*and imagination*] and move energy through the body is incredibly powerful, and it's not limited to what you feel; it also applies to what you can do with another person.

[excerpt edit]

I began to visualize sexual energy traveling up her spine, over her head, down the front of her body to her clit, and up her back and around again. I was wrapping her in a kind of erotic egg of energy.

She reacted almost instantly! Suddenly she began to moan and writhe, and just as suddenly, she was about to come.

I had very deliberately not changed anything I was doing with my tongue and my hands had never moved.

What *would* happen if...?

— *Urban Tantra*

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"Go Forth, and Influence Women."

This certainly isn't the *last, final* word in cunnilingus; strive for but *don't expect* it to be "perfect," every time.

[excerpt edit]

—Neale Sournna

[www.Neale-Sournna.com](http://www.Neale-Sournna.com)

[www.CuntSinger.com](http://www.CuntSinger.com)

[www.PIE-Percept.com](http://www.PIE-Percept.com)

<sup>7</sup> Carrellas, Barbara. Urban Tantra. Softcover. Berkeley: Celestial Arts, 2007. Page 30.